



Learning Experience from The trU Group

Course Title: Team Does Not Start With U

Who Would Benefit?

- **Teams with new leaders:** Need is to get to know each other and build commitment/action plan for future success of team and leader.
- **Teams needing an offsite:** Get away time to dig into the question: *What can we be doing to improve our performance?*
- **Leaders/Key Team members wanting to strengthen relationships:** Would value the time to address the question: *How can we work more effectively together?*
- **Leaders looking to gain knowledge and skills:** Topics addressed are building relational capacity, understanding how to lead performance, and which habits have the biggest impact on team cohesion and performance.

Description: Brings leaders and followers into the same room to explore the questions:

- What can I do as a leader to improve the performance of my team?
- What can I do as a follower to improve the performance of my leader?

Introduces the concept of Followership and presents The Five Levels of Followership to help people see their performance through the eyes of others.

Time: 1 day (8 to 4, including lunch) optional: 4-5:30 time for teams wanting 1 on 1 time with Scott to review action plans.

Date / Location: Wednesday, September 21st @ Colonial Clock Building in Zeeland, MI

Cost: \$150 / person (\$130 if registered by September 1st) *call for not for profit rate

Objectives / Learning:

- Understand the trUPerformance™ Model
- Recognize, as a *follower*, what you do to enable and disrupt the performance of yourself and your leader // Recognize, as a *leader*, what you do to enable and disrupt performance of your team
- Create a plan to apply ONE thing you learned to improve your performance (and the performance of your team/leader)

trUPerformance™

Sign-up at: <http://thetrugroup.eventbrite.com/>