trUYou™ TEAM MEMBER FACT SHEET

Personal

Name:		Birthday:	
Address:		City of Birth:	

Your family relationships:

Name	Relationship	Birthday		Name	Relationship	Birthday

Pets:	

Education/Experience

School/Company:	Degree/Role:	# of yrs	Key learning? / What I enjoyed most?
Professional Certifications:			

My Gifts / My Needs

What things do I do extremely well? (strengths / gifts)		What rewards do I most appreciate?

Miscellaneous

Hobbies:	

My Favorite . . .	Food:		Sport:	
Movie:	Restaurant:		Sports Team:	
Vacation:	Junk Food:		Way to relax:	

If I am not working, I am probably . . .	
You will know I am stressed when . . .	

Communication Preference: (select one) ☐ Email ☐ Phone ☐ Text ☐ Voicemail ☐ Face to Face

If you were not doing this job, what would be your dream job?

What is one fact most people would not know about you?

What part of my job is more fun than hard?

Name one person you would love to have dinner with and one question you would ask them?

Pick choices that BEST describe you: (select ONE answer for each statement)

*50/50 is provided for those choices when you feel right in the middle of the two options. If you struggle with an answer – ask someone who knows you well. (ie. teammate, spouse, best friend)

I most often judge my work by:	☐ Is it done?	☐ 50 / 50	☐ Is it right?
When solving a problem, I tend to:	☐ Look for the best way	☐ 50 / 50	☐ Look for a new way
I like to start meetings by:	☐ Getting to work	☐ 50 / 50	☐ Checking in with others
I tend to:	☐ Talk first	☐ 50 / 50	☐ Listen/Think first
My work style is:	☐ Work first (w/ some planning)	☐ 50 / 50	☐ Plan first (a good plan is critical!)
I am most comfortable as a:	☐ Leader	☐ 50 / 50	☐ Team Member
My normal role in conflict is to:	☐ Generate it	☐ Keep/restore the peace	☐ Avoid it
When I am quiet, it is usually means I am	☐ Irritated ☐ Hurt	☐ Thinking ☐ Checked Out	☐